

Recreational Games

What Are Recreational Games?

Recreational games are games you can play with little equipment which can be purchased at a low cost.

These games can be played in various settings with 4+ people.

Recreational games are great for working on motor skills, learning teamwork and having fun!

All of the games listed can be modified to be played at any ability or skill level.

Here are some of our favourites from the Fearless Physical Activity Project!

- Hot Chocolate River
- Monster The Machine
- Frisbee Bocce
- Builders and Bulldozers
- Pizza Tag
- Team Tic Tac Toe
- Squirt!
- Strike a Pose

