



Registration open for Beat Retreat 2023!

News
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Registration is ~~now open~~ **is cancelled for 2023!**

Unfortunatey the 2023 Beat Retreat camp has been cancelled due to low applications. However, we will be holding camp in 2024 so keep watch for more details this fall.

Don't miss out on the opportunity to see old friends and make new ones!

The Canadian Congenital Heart Alliance (CCHA) along with the Beat Retreat is happy to present the 14th annual Beat Retreat camp September 7-10, 2023.

What is the Beat Retreat?

The Beat Retreat is a fun-filled, four-day annual retreat for adults (18+) living with congenital heart disease (CHD). You'll have an opportunity to participate in a mix of traditional camp activities – all geared to your physical ability and comfort level. Equally important, you'll have an opportunity to build life-long friendships, share and learn from the experiences of others living with CHD. And, you'll have an opportunity to chat with healthcare professionals in a relaxed and informal setting. In short, it's a weekend of fun, friends, firsts, and great food.

The Beat Retreat is a place where you can...

- Connect with and learn from others with a similar heart history.
- Develop skills to better manage your healthcare needs and cope with the challenges of CHD.
- Have lots of fun!

Registration details here <https://www.cchaforlife.org/beat-retreat-2023>

Read more about the Beat Retreat here <https://www.cchaforlife.org/events/retreats/beat-retreat-camp>

Check out our Beat Retreat YouTube video [Beat Retreat YouTube video](#)

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